

# ADHD SOCIAL GROUP

This group is for adults with ADHD to meet and socialise in a friendly environment.

At these sessions you can chat, socialise and share lived experience with others. We also have endless amounts of tea, coffee and biscuits!

There is no need to book and these sessions are held at: Doncaster Carers Centre, 2 Regent Terrace, Doncaster, DN1 2EE

Check out our website for the latest dates [click here](#)

Enquiries:

T: 01302 637566

E: [dpvevents@doncastercarers.org.uk](mailto:dpvevents@doncastercarers.org.uk)

## 2025 Dates

13th January 2025

10th February 2025

10th March 2025

14th April 2025

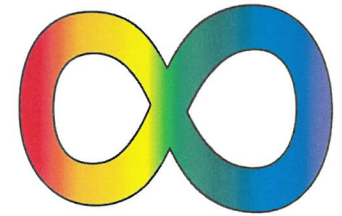
12th May 2025

9th June 2025

14th July 2025

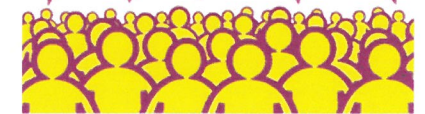
**For adults 18+ with a diagnosis of ADHD or on a referral pathway**

DONCASTER



AUTISM SERVICE

DONCASTER  
PARENTS'  
VOICE



# Autism, Art and Chat Group

**Come along and unleash your creative side at these sessions.**

You will have the opportunity to draw, colour, paint, and create with a range of arts and crafts materials in a relaxed environment. This group is a chance for you to meet like minded people where you can engage your creative side or if you prefer have a chat, socialise and share lived experience with others. We also have endless amounts of tea, coffee and biscuits!

**Check out our website for the latest dates [click here](#)**

**There is no need to book and these sessions are held at Doncaster Carers Centre, 2 Regent Terrace, Doncaster, DN1 2EE**

**2025 Dates**

**6th January 2025**

**3rd February 2025**

**3rd March 2025**

**7th April 2025**

**2nd June 2025**

**7th July 2025**

**These sessions are open to any adult (18+) with an autism diagnosis or on a referral pathway.**

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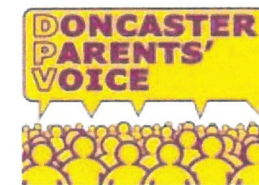


## The Carers Centre February 2025 Events Calendar

Date	Day	Time	Title
3rd February 2025	Monday	11.00am - 12.30pm	<u>Autism, Art &amp; Chat Group</u>
3rd February 2025	Monday	4.30pm - 6.30pm	<u>Dungeons &amp; Dragons Group</u>
4th February 2025	Tuesday	10.00am - 12.00pm	<u>Parent Carer Coffee Morning</u>
5th February 2025	Wednesday	10.00am - 1.00pm	<u>Open House Coffee Morning</u>
10th February 2025	Monday	11.00am - 12.30pm	<u>ADHD Social Group</u>
11th February 2025	Tuesday	8.00pm - 9.00pm	<u>Online Parent Carer Coffee &amp; Chat Session</u>
12th February 2025	Wednesday	10.00am - 1.00pm	<u>Open House Coffee Morning</u>
17th February 2025	Monday	11.00am - 12.30pm	<u>Autism Social Group</u>
17th February 2025	Monday	2.00pm - 4.00pm	<u>Dungeons &amp; Dragons Group</u>
18th February 2025	Tuesday	10.00am - 12.00pm	<u>Parent Carer Coffee Morning - Half Term - Children welcome for a crafting session</u>
19th February 2025	Wednesday	10.00am - 1.00pm	<u>Open House Coffee Morning</u>
26th February 2025	Wednesday	10.00am - 1.00pm	<u>Open House Coffee Morning</u>
27th February 2025	Thursday	10.00am - 12.00pm	<u>DAS Workshop - Wellbeing Session for autistic adults</u>
28th February 2025	Friday	10.00am - 12.00pm	<u>DAS Workshop - Beginning Your Childs Autism Journey - Part 1 &amp; 2</u>
3rd February 2025	Monday	Face to Face	<u>Benefits Appointments</u>
24th February 2025	Monday	Telephone	<u>Benefits Appointments</u>
5th February 2025	Wednesday	Carers Centre	<u>Therapies Appointments</u>
12th February 2025	Wednesday	Carers Centre	<u>Therapies Appointments</u>
19th February 2025	Wednesday	Carers Centre	<u>Therapies Appointments</u>

To book on any of the above events please click on the links above or contact us:

[dpvevents@doncastercarers.org.uk](mailto:dpvevents@doncastercarers.org.uk)





## Dates 2025

20th January 2025

17th February 2025

17th March 2025

22nd April 2025

19th May 2025

16th June 2025

21st July 2025

# Autism Social Group

**This group is a chance for you to meet like minded people in a relaxed, informal and friendly environment**

At these sessions you can chat, socialise and share lived experience with others. We also have endless amounts of tea, coffee and biscuits! You are free to attend these sessions with a friend, trusted adult or chaperone. The group has access to a sensory box should it be needed.

[Check out our website for the latest dates](#)

There is no need to book and these sessions are held at Doncaster Carers Centre, 2 Regent Terrace, Doncaster, DNI 2EE

### Enquiries:

**T: 01302 637566**

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