



May Half Term Edition

Kids Activity • • • • Pack • • • •

Packed full of family
friendly fun activities
and challenges for
everyone!



Trans Pennine Trail

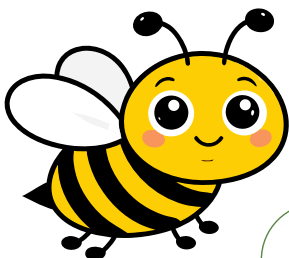


Let's play...

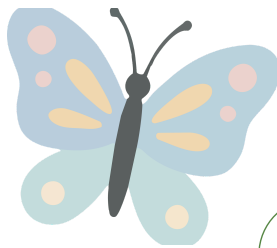
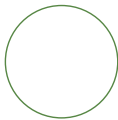
Pollinators & Plant i-Spy

Take a walk with Mandy Mole and see how many pollinators and plants you can spot.

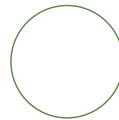
Tick each one when you spot it



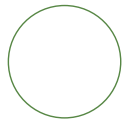
Bee



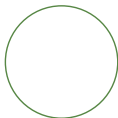
Butterfly



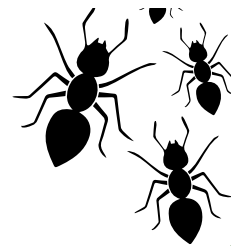
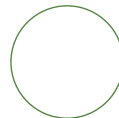
Ladybird



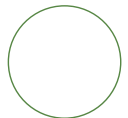
Snail



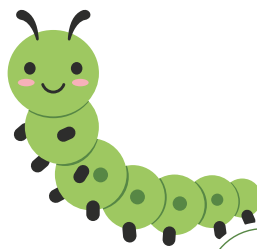
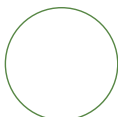
Dandelion



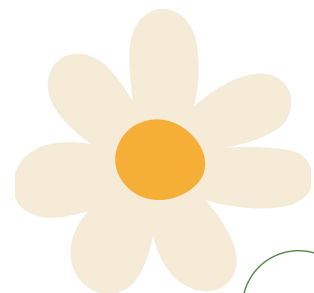
Ants



Beetle



Caterpillar



Daisy



Pollinators are animals like bees and butterflies that help plants grow by moving pollen. Flowers are important because they feed them!

Finished your sheet? Take a photo and send it to us and show us what you've spotted on the Trail!

Trans Pennine Trail



Let's make...

Mini Seed Starter Pots

Can you help Sophie Squirrel grow some seeds?



You will need:

- Empty toilet paper rolls
- Scissors
- A tray or plastic container
- Seed starting mix
- Seeds of your choice



1 Make the seed pots: Make sure your toilet rolls are clean and dry.

Cut four evenly spaced slits about 1/2 to 1 inch long at one end of the toilet roll. Fold the four flaps inward like you would close a cardboard box, overlapping each flap. Press down slightly to create a flat bottom that can hold soil.

Place your folded toilet roll pots upright in a shallow tray or waterproof container. Keeping them close together will help them stay upright and support each other once filled with soil.

2 Fill with Seed Starting Mix: Use a light, well-draining seed starting mix, not regular garden soil. Fill each pot almost to the top, leaving about a quarter-inch space from the rim.

3 Plant Your Seeds: Follow the instructions on your seed packets for planting depth.

- Make a small hole in the center of the soil.
- Drop in one or two seeds per pot.
- Cover lightly with soil and mist with water.

4 Water Carefully: Use a spray bottle or gentle watering can to moisten the soil. Keep the soil consistently moist but not soggy throughout the germination period.

5 Provide the Right Environment: Place your tray in a warm, bright location. A sunny windowsill or under grow lights works well. Cover the tray with a plastic dome or a clear bag to create a mini greenhouse effect if needed.

6 Once the seeds sprout, remove the cover to allow air circulation and prevent fungal diseases.

Send us a photo of your seed pots - we'd love to see your green-fingered efforts!

Trans Pennine Trail

Let's make some..

Strawberry Hedgehogs

Get creative with Ford the Fox and make a tasty Trail treat!



You will need:

- 8 ripe strawberries
- 3 oz. dark chocolate
- 3 tbsp. chocolate sprinkles
- 16 sugar eyes
- 8 chocolate chips
- ½ tsp. light-colored vermicelli or dry spaghetti

Equipment:

- Microwave
- Fridge
- Skewer
- Parchment lined tray
- Mint or edible flowers (optional)

- 1 Rinse your strawberries, pat them dry, and pop them in the fridge for about 30 minutes so they're nice and firm. Trim off the green tops
- 2 Melt your dark chocolate in a Microwave until smooth.
- 3 Stick each strawberry on a skewer and dip about two-thirds of it (wide end down) into the melted chocolate. Then dip that same part into the chocolate sprinkles.
- 4 Set them gently on a parchment-lined tray and refrigerate for about an hour until the chocolate firms up.
- 5 Use a bit of melted chocolate as glue to stick on the sugar eyes and chocolate chip noses. For whiskers, poke a few pieces of light-colored vermicelli into the pointed end of the berry.
- 6 Pop the hedgehogs back into the fridge for another 30 minutes, then transfer to a pretty plate. You can garnish with mint leaves or edible flowers for an extra woodland vibe.



Give names to your hedgehogs and ask a grown-up to take a photo and send it to us – we'd love to see your spiky creations.

Trans Pennine Trail

Get busy with some...

Half Term Challenges

Can you help Bob the Badger with these challenges?

Tick each one as you complete it

Can you spot 3 different birds

Walk quietly along the Trail and listen for birdsong. Look up into trees, hedges and open spaces. Each time you see a different bird, give yourself a tick!



Can you find 3 different leaf shapes?

Look on the ground for fallen leaves. Pick up (only if it's safe) and compare shapes, sizes or edges. Lay them side by side or draw them.



Can you find a tiny creature?

Carefully look under leaves, on plants or along the ground for insects like ants, beetles or spiders. Watch quietly – remember, we look but don't touch!



Can you find a bench or resting spot?

Look out for benches, logs or safe resting spaces along the Trail. Take a short break, enjoy the view and notice what you can hear and see around you.



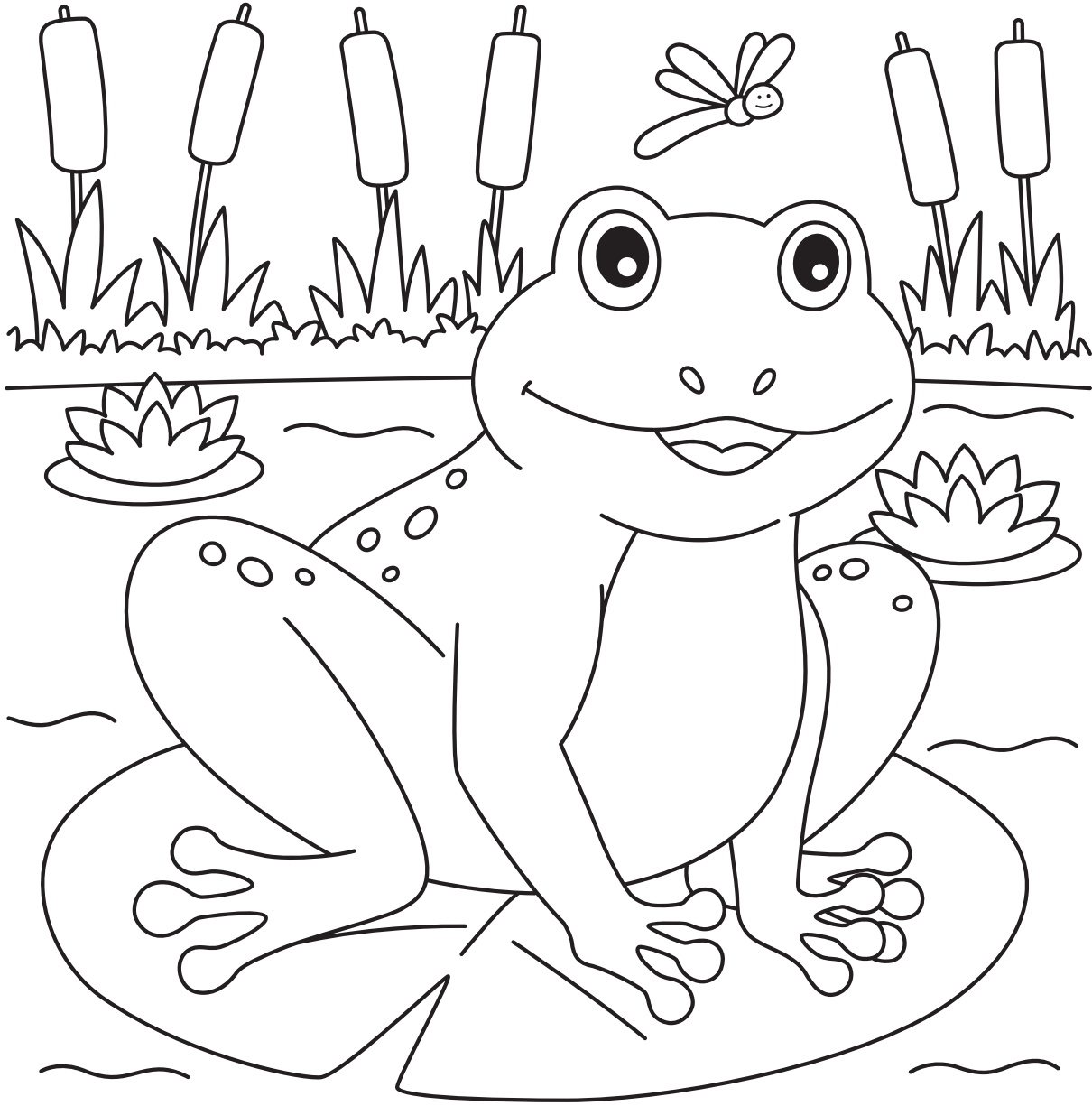
Can you capture your favourite Trail moment?

Ask a grown-up to take a photo of something you loved – a view, a flower, your activity or your walk. Share it with us!



Let's get creative with some...

Colouring In



Life stages of a Frog

Egg: Frogs lay jelly-like eggs in water; the clumps stick together to protect the babies.

Tadpole: A fish-like tadpole hatches, lives in water, has a tail, and swims there.

Tadpole with Legs: As the tadpole grows, it grows back legs, then front legs, and its tail gets shorter.

Froglet: Now it looks like a tiny frog, called a froglet. It still has a small tail but can hop and breathe air.

Adult Frog: The tail disappears and the frog is fully grown. Adult frogs can live on land and in water and they can lay eggs too!

Once you've finished your work of art, ask a grown-up to take a photo and send it to us, we'd love to see your masterpiece.

Trans Pennine Trail



Can you solve the...

Word Search

Can you help Hannah the Horse find all the words in the word search?

Look at the puzzle and cross off all the words as you find them!

S F S E Z X D S X P X N
E R V D O L R S O O L A
I O C C E E U L C E E T
R G X M W E L F U N A U
R K A O Q I S O H A F R
E D L Z N M A U R Q Q E
B F T A G O H E G D E H
W I T A D V E N T U R E
A O R Y J T A C E L Y H
R F K D S R O O D T U O
T H V J S O F E Q O Q E
S S W B C R H U C P L S



ADVENTURE
BIRDS
FLOWERS
FROG

FUN
HEDGEHOG
LEAF
NATURE

OUTDOORS
POLLINATOR
SEEDS
STRAWBERRIES

Trans Pennine Trail



Read all about Mandy Mole's...

Trans Pennine Trail Adventure

Mini story 3: Sharing the Trail

Mandy Mole was enjoying a peaceful walk along the Trans Pennine Trail when she heard a gentle *ding-ding!*

"Bike coming through!" called a cheerful cyclist.

Mandy Mole smiled and stepped to the side. "The Trail is busy today," she said.

Clip-clop! Hannah the Horse trotted up beside her, careful and calm. Bob the Badger followed, camera ready.

"That's because the Trail is for everyone," Hannah the Horse said. "Walkers, wheelers, cyclists, and horse riders all belong here."

As they moved along, they saw people of all kinds enjoying the path. Families strolled together, a person in a wheelchair rolled smoothly along the wide surface, and cyclists rode past at a friendly speed.

Bob the Badger snapped photos happily. "This is my favourite thing to capture - everyone sharing the same space."

At a crossing point, Mandy Mole spotted a sign. "Look! It says Share with Care."

Hannah the Horse nodded. "That means slowing down, saying thank you, and giving each other space."

Just then, a group of horse riders approached. The cyclists slowed, the walkers stepped aside, and everyone smiled and waved.

"That felt kind," Mandy Mole said. "It was," Bob the Badger agreed. "And kindness keeps the Trail safe and happy."

As the sun shone down on the busy path, Mandy Mole looked around at all the different people moving together.

"The Trail isn't about going fastest," she said. "It's about going together."

Hannah the Horse smiled. "When we share the Trail, every journey becomes a good one."

And with that, walkers walked, wheelers rolled, cyclists cycled, and horse riders rode on, all sharing the Trans Pennine Trail in harmony.



Help Mandy Mole to answer the questions about her adventure.

- 1 Who are the three main characters in the story?
- 2 What different types of Trail users do Mandy Mole and her friends see?
- 3 What does the "Share with Care" sign mean?
- 4 How do the walkers, cyclists, wheelchair users, and horse riders behave when they meet each other on the Trail?
- 5 What is the main message of the story about sharing the Trail?

Have you enjoyed doing the activities? Let us Know!

We'd love to hear your stories and see your photos! Please send them to us by email or tag us on social media!

When sending in pictures of family enjoying the activities, please confirm you are happy for us to use them in our marketing materials (such as on social media, leaflets and press releases)

Did you know that we can send you a digital certificate for completing the activities?

Interested? Get in touch!

Meet our TPT family



Mandy Mole – small but mighty, popping up with fresh spring surprises along the Trail.

Hannah the Horse – strong and graceful, enjoying brighter days and longer Trail adventures.

Bob the Badger – dependable and curious, emerging from winter ready to explore anew.

Rebecca Rabbit – quick and curious, bounding into springtime challenges.

Connor the Caterpillar – bright and cheerful, bringing a burst of colour and new beginnings.

Sophie Squirrel – lively and full of springtime energy, perfect for woodland treasure hunts.

Ford the Fox – clever and playful, leading the way through spring puzzles and nature games.

Each Friend has been beautifully redesigned to bring colour, personality and fun to your activities. Together, they'll lead you through festive hunts, wildlife quizzes, and so much more.

Find out more and explore their other fun activities at: <https://www.transpenninetrail.org.uk/children/>

The **Trans Pennine Trail** is a special path that stretches 215 miles all the way across the middle of England, coast to coast, from the Irish Sea to the North Sea!

But that's not all – if you count all the extra routes called spurs, there are 370 miles to explore! It's a giant adventure route where you can walk, cycle, ride horses, use a wheelchair or even push a buggy!

For more information please visit our website at: <https://www.transpenninetrail.org.uk/>

To find out more about the Trans Pennine Trail go to:
www.transpenninetrail.org.uk



If you'd like to make a small donation to the Friends of the Trans Pennine Trail, please scan the QR code:

Trans Pennine Trail



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