

NURSING TEAM...

NEWS

NHS

Rotherham Doncaster
and South Humber
NHS Foundation Trust

January 2021

Long Term Conditions Special Schools Nursing Team Newsletter

Happy New Year to all our children, young people and families across Doncaster. Here's hoping for a happy and healthy 2021.

The Special School Nurses have welcomed new staff to the team. Some of you may have already had contact with Louise Stringer and Honor Samways. Louise and Honor both join us with a wealth of experience, knowledge and bring new ideas for improving the service we provide.

It has been a busy start to the year, we have been contacting children and families who are new to special schools in order to complete a School Entry Health Questionnaire. This is a good way for us to get to know your child and family and your individual needs.

School Entry Health Questionnaire's help us to identify the training needs of school staff and support workers, we then train staff in school to meet the individual needs of your child, such as with feeding, implementation of continence care plans, all aspects of health promotion and family support at child meetings.

The COVID19 pandemic has brought many challenges, however we are still here to support you and are more contactable than ever. We are using a variety of different communication platforms, such as phone, text, email, and video conferencing. We continue to visit schools and undertake face-face care and activities ensuring COVID safe measures are followed and appropriate PPE is used. We are pleased to say that the children have adapted well to seeing us in masks and other PPE and it has become the new normal.

We have had feedback from families describing how lack of routine is impacting on their child's sleep. **Is this your family?** Some great tips on sleep can be found on the sleep charity website - thesleepcharity.org.uk. Small changes can make a big difference, such as the food we eat, relaxation techniques, creating a calming bedroom space and overall a good sleep hygiene routine. The Special School Nursing Team can also help with this advice. **Please contact us on our Single Point of Contact (SPOC) 01302 566776.** We are always looking to improve our offer of support, so would really appreciate feedback highlighting the things we have done well, but also, not so well. Please click on the link below to complete a Your Opinion Counts Form to help our service improve, it would be very much appreciated. Write a review – <https://www.rdash.nhs.uk/have-your-say/write-a-review/>

Special School Nursing

Single Point of Contact (SPOC)

01302 566776

RDASH leading the way with care

The **RDASHway**